

Travel Checklist – Nebraska (air, carry-on only)

- _____ Preparation items (day/evening before leaving)
 - ___ Do laundry
 - ___ Pick up any prescriptions at Raley's and Walgreens
 - ___ USPS mail hold
 - ___ Pay/take bills
 - ___ Mail letters, bills, Netflix
 - ___ Charge up computer, iPad, iPhone
 - ___ Get cash at bank if needed
 - ___ Check water level in pool / fill if needed
 - ___ Arrange airport transportation or parking if needed
 - ___ Download Netflix and other videos to iPad
 - ___ Airline check-in
 - ___ Set out evening and morning pills in cups
 - ___ Print any documents (medical, Maggie, financial) and put in folder

- _____ Pack CPAP machine into case, make sure EXEMPT tag is attached

- _____ Pack walking cane into its nylon bag, make sure EXEMPT tag is attached

- _____ Pack Tumi seat bag carry-on, make sure ID is attached
 - ___ Travel folder(s)
 - ___ Medical/meds folder
 - ___ Magazines for flight
 - ___ Empty large ziploc for security checkpoints
 - ___ Emergency food and glucose tablets
 - ___ iPad
 - ___ Red bag with:
 - ___ Apple chargers & Lightning cables, Ethernet adapter
 - ___ Mouse
 - ___ Thumb drives
 - ___ Extra SD memory cards for cameras
 - ___ Leica DLUX camera (charger in clear zipper bag)
 - ___ Bose QC20 earbuds in case with charger cable
 - ___ Apple extension cord

- _____ Kirkland rollaboard carry-on with ID tag
 - ___ Prescription meds in ziploc
 - ___ Nonprescription meds in ziploc
 - ___ Cholestyramine powder in separate ziploc
 - ___ Disability placard
 - ___ Insulin pen needles, lancets, and alcohol swabs
 - ___ Trulicity pens
 - ___ Glucose meter in zip case
 - ___ Small clear zipper bag with Leica & Eneloop batteries & chargers
 - ___ MacBook Pro in outer compartment
 - ___ Netflix discs
 - ___ Small Tumi bag with toothbrush/paste, comb, pill cup, shaver cord

- Travel umbrella
- Checkbooks and bills in outer zip compartment
- 4 outer shirts
- 4 or 5 underpants
- 4 undershirts
- 4 pair socks
- 1 or 2 casual t-shirts
- bed flannel
- sweatpants or shorts
- sweatshirt or sweater
- spare shoes (athletic) or sandals

Choose appropriate jacket or coat for trip

Day of departure

- Toilet, shave, shower, dress
- Morning insulin and pills
- Eat breakfast
- Set thermostat
- Check lights/timers/doors
- Take out garbage

Trouser and shirt pockets

- Wallet
- Change
- Fitbit
- Keys
- Glucose tablets
- Pill case with aspirin, Imodium, and alprazolam
- Sucralfate bottle
- Repaglinide bottle
- iPhone
- Pen
- Passport if needed

Assemble luggage

- Tumi seat bag
- Kirkland carry-on
- CPAP in case
- Jacket or coat
- Take handicapped hangtag from car

Summon airport transportation